

A BIBLICAL PERSPECTIVE ON MENTAL HEALTH

ADULT SUNDAY SCHOOL CLASS | GRACE FOR THE AFFLICTED by Matthew Stanford

Contact Information

Erica Overshiner - centrallakesmh@outlook.com

Pastor Gregg Donnelly - greggd@alexandriacovenant.org

Pastor Dave Mergens - davem@alexandriacovenant.org

Week 1 – Introduction

Week 2 – Chapters 1 & 2

Who We Are In Christ, Demon Possession, Mental Illness, Spiritual Warfare

Week 3 – Chapters 3 & 4

The Brain, Christianity and the “realness” of Mental Illness

Week 4 – Chapters 5 & 6

Schizophrenia and Bipolar Disorders

Week 5 – Chapters 7 & 8

Depressive Disorders and Anxiety Disorders

Week 6 – Chapter 9 & 10

Trauma, Stress and Personality Disorders

Week 7 – Chapters 11, 12 & 13

Dementia, Traumatic Brain Injuries

Week 8 – Suicide

Week 9 – The Church/Holistic Approach to Recovery/Q & A with psychiatrist, Dr. Rena Gess